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## **THE DISCOVERY HOUSE LAUNCHES ADDICTION RECOVERY PODCAST**

**[Los Angeles, CA - 2/7/2018]** - Today, The Discovery House, a drug and alcohol rehab facility specializing in individualized care, announced the launch of their recovery podcast, TDH Voice: Perspectives on an Epidemic. The first episode went live earlier this year kicking off with an exclusive interview with sober blogger and writer, Tawny Lara of SobrieTea Party.

Of the podcast's recent success, support staff member Shari Lynn Colato said "I work at TDH and I think we rock recovery. This is a fabulous idea and direction we are heading in. I love this."

"With the future of the opioid crisis hanging in the proverbial balance, it's now more than ever that we need stories of recovery to inspire and guide us through the other side," said Lindsey Whittaker, co-host and writer of the show. "We also need to talk more about a plan of action and how we can all do our part to create change in our communities."

The audience for TDH Voice has started small but is steadily growing in number. With over 100 listens thus far, the podcast has been well received.

"I am so proud to be a part of this podcast, which draws on perspectives of addiction from all sides. I'm a big advocate for raising awareness and education about the disease of addiction. I hope that those listening can find what they need in our podcast, be it information, inspiration, or identification," said Deb Kavis, co-host and researcher for TDH Voice.

Episodes of TDH Voice will feature stories from people in recovery, their family and friends, as well as interviews with industry experts and recovery advocates. A new episode is released twice monthly on the first and last Wednesday of the month. You can view all the episodes on their website at [www.tdhvoice.com](http://www.tdhvoice.com) or download them on iTunes, Pocketcast, or anywhere you listen to podcasts.

*About The Discovery House: The Discovery House is a [drug and alcohol treatment center](#) located in Southern California. Their mission is to help people who are struggling with drug and alcohol addiction learn to live a substance-free life of balance, purpose, and belonging.*